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Guide to Staying Healthy

A Soldier's Guide to Staying Healthy at High Elevations
A Soldier's Guide to Staying Healthy in Afghanistan and Pakistan
A Soldier's Guide to Staying Healthy in the Balkans
A Soldier's Guide to Staying Healthy in Central America
A Soldier's Guide to Staying Healthy in Central Asia
A Soldier's Guide to Staying Healthy in Colombia
A Soldier's Guide to Staying Healthy in Cyprus
A Soldier's Guide to Staying Healthy in Hispaniola: Haiti and the Dominican Republic **On Order**
A Soldier's Guide to Staying Healthy in the Horn of Africa
A Soldier's Guide to Staying Healthy in India
A Soldier's Guide to Staying Healthy in Indonesia and Malaysia
A Soldier's Guide to Staying Healthy on the Korean Peninsula
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A Soldier's Guide to Staying Healthy in the Republic of Georgia
A Soldier's Guide to Staying Healthy in Southwest Asia
A Soldier's Guide to Staying Healthy in Tropical South America
A Soldier's Guide to Staying Healthy in Turkey
A Soldier's Guide to Staying Healthy in West Africa
A Soldier's Guide to Staying Healthy in Honduras
A Soldier's Guide to Staying Healthy in the Philippines
A Soldier's Guide to Staying Healthy in Temperate South America
A Soldier's Guide to Staying Healthy in the Caribbean Islands
A Soldier's Guide to Staying Healthy in Thailand
A Soldier's Guide to Staying Healthy in Oceania **On Order**
A Soldier's Guide to Staying Healthy in Estonia, Latvia and Lithuania **On Order**
All Staying Healthy Guides are in Tri-fold Format

Staying Healthy While On R & R Card

A Soldier & Family Guide to Redeploying Tri-fold
Redeployment Medical Guide for Missions
in Support of Operation Iraqi Freedom Tri-fold

Heat Can Kill Poster (2003)
Heat Injury Controls Poster
Hot Weather Casualties & Injuries Chart
Water Consumption Table Poster
Heat Can Kill Sticker
Heat Can Kill Sticker (TRADOC-Green)
Heat Injury Protection Pocket Guide **On Order**

How to Protect Yourself from the Sun Card **On Order**
Sun Protection Questions and Facts for Soldiers Poster

Avoid Cold Casualties Poster
Cold Weather Casualties and Injuries Chart
Cold Weather Casualties and Injuries Card

Optimal Range of Stress Pocket Card
TG 242 - Battle Fatigue/Combat Stress Reaction Prevention Card

Dietary Supplements for the Warfighter Tri-fold

Venomous Snakes of Afghanistan & Pakistan Poster
Venomous Snakes of the Philippines Poster
Venomous Snakes of Southwest Asia Poster
Arachnids of Afghanistan Poster
Doxycycline and Primaquine Pocket Card
Defend Yourself Against Vector-Borne Diseases Card
Defend Yourself Against Insects and Ticks in Central Asia Card
Defend Yourself Against Sand Flies Pocket Card
Leishmaniasis Pocket Card

Meningitis - Keep Your Unit Healthy and What You Need to Know Card
Don't be a Victim of Disease Fight Germs Poster (Female)
Don't be a Victim of Disease Fight Germs Poster (Male)
Fight Germs Poster (Male and Female)

Botulism Information Card

What YOU Should Know about Anthrax Tri-fold
Anthrax Awareness and Procedures Pocket Card
Provider Guidance - Anthrax and Reassuring Patients Pocket Card

Contact Lenses in the Field, No Way Pocket Card

Oil Fields Hazards Primer Card

Freedom Cards (deck)

ASTM E 2318-03 - Standard Guide for Environmental Health Site Assessment Process for Military Deployments

*TG 276 - Ultimate Preventive Medicine CD-ROM Resource Set

*2003 Guide To Occupational Exposure Values (ACGIH)

*NIOSH Pocket Guide to Chemical Hazards **On Order**

*USAMRIID's Medical Management of Biological Casualties - Blue Book

*USAMRICD's Field Management of Chemical Casualties - Gold Book

*USAMRICD's Medical Management of Chemical Casualties - Red Book

*Medical Management of Radiological Casualties - Brown Book

*TG 273 - Diagnosis and Treatment of Diseases of Tactical Importance to U.S. Central Command

*TG 248 - Guide for Deployed Preventive Medicine Personnel on Health Risk Management

*TG 244 - The Medical NBC Battle Book

*Special Operations Forces Medical Handbook & CD

*AFMIC Medical Environmental Disease Intelligence and Countermeasure (MEDIC) CD (2002)

*Operational Medicine 2001 CD - Navy MEDPUB 5139 Health Care in Military Settings

*Control of Communicable Diseases Manual

* These items may be ordered only by physicians, physicians assistants, nurses, medics, and U.S. Army Medical Department Preventive Medicine personnel.